

National Health and Nutrition Examination Survey  
Home Interview Consent

Welcome to the National Health and Nutrition Examination Survey (NHANES). You have been selected to be part of this study which includes an interview and a health exam. This study is sponsored by the National Center for Health Statistics, part of the Centers for Disease Control and Prevention. The information collected in this interview will be extremely valuable in understanding the health and nutrition of people in the United States.

**Home interview Consent**

Taking part in this interview is voluntary. You may choose to skip any question you don't wish to answer or end the interview at any time without penalty. We are required by Federal law to develop and follow strict procedures to protect the confidentiality of your information and use your answers only for statistical purposes. (Please refer to the laws shown below.) On average, the interview will take 15-40 minutes based on your age. As a thank you for your time and effort, you will receive a \$25 debit card for completing the interview.

**Before we begin the interview, we will ask you to tell us if you agree to proceed with the interview. This will be your verbal consent.**

**Data linkage Consent**

We can do additional health studies by linking the interview and exam data of everyone who participates to vital statistics, health, nutrition, and other related records.

**We will ask if we can link these survey records with other records. This will be your verbal consent.**

**Additional information for the home interview**

- 1. Assurance of Confidentiality** – We take your privacy very seriously. All information that relates to or describes identifiable characteristics of individuals, a practice, or an establishment will be used only for statistical purposes. NCHS staff, contractors, and agents will not disclose or release responses in identifiable form without the consent of the individual or establishment in accordance with section 308(d) of the Public Health Service Act (42 U.S.C. 242m(d)) and the Confidential Information Protection and Statistical Efficiency Act of 2018 (CIPSEA Public Law No. 115-435, 132

National Health and Nutrition Examination Survey  
Home Interview Consent

Stat. 5529 Sec. 302)). In accordance with CIPSEA, every NCHS employee, contractor, and agent has taken an oath and is subject to a jail term of up to five years, a fine of up to \$250,000, or both if he or she willfully discloses ANY identifiable information about you. In addition to the above cited laws, NCHS complies with the Federal Cybersecurity Enhancement Act of 2015 (6 U.S.C. §§ 151 and 151 note) which protects Federal information systems from cybersecurity risks by screening their networks.

**2. Data linkage information:**

By matching NHANES data with other health-related records, researchers can study health conditions like heart attacks and diabetes in depth. They can also better understand health care use and health care costs for all Americans. These findings will help doctors assist patients in making smart choices.

**3. Do you have more questions about the survey?**

You can make a toll-free call to the Chief Medical Officer at 1-800-452-6115, Monday-Friday, 8:00 AM-4:30 PM EST. If you have questions about your rights about being in the survey, call the Ethics Review Board at the National Center for Health Statistics, toll free, at 1-800-223-8118. Please leave a brief message with your name and phone number. Say that you are calling about Protocol # 2021-05. Your call will be returned as soon as possible.