



Centers for Disease
Control and Prevention
National Center for
Health Statistics

NHANES Household Response Cards

Household Member
Questionnaire



National Health and Nutrition Examination Survey

COQ1

Commonly reported post-COVID symptoms:

General symptoms

- Tiredness or fatigue that interferes with daily life
- Symptoms that get worse after physical or mental effort (also known as “post-exertional malaise”)
- Fever

Respiratory and heart symptoms

- Difficulty breathing or shortness of breath
- Cough
- Chest pain
- Fast-beating or pounding heart (also known as heart palpitations)

Neurological symptoms

- Difficulty thinking or concentrating (sometimes referred to as “brain fog”)
- Difficulty with memory
- Headache
- Sleep problems
- Dizziness when you stand up (lightheadedness)
- Pins-and-needles feelings
- Change or loss of smell or taste
- Depression and/or anxiety

Digestive symptoms

- Diarrhea
- Stomach pain

Other symptoms

- Joint or muscle pain
- Rash
- Changes in menstrual cycles

OSQ1

Hip replacement

Knee replacement

Plates or pins to fix a broken bone

Dental implants (posts)

Metal sutures or clips

Stents

Pacemakers

AUQ1

Genetic/hereditary causes

Ear infections (including fluid in ears)

Ear diseases (otosclerosis, menieres, tumor)

Illness/infections (measles, meningitis, mumps)

Drugs/medications

Head or neck injury/trauma

Loud brief explosive noise/sounds

Noise exposure, long-term (machinery, etc.)

Aging, getting older

FNQ1

No difficulty

Some difficulty

A lot of difficulty

Cannot do at all

FNQ2

Some difficulty

A lot of difficulty

Cannot do at all

SMQ1

Include



Hand Rolled Cigarette

Do NOT Include



Cigar Images Courtesy of Legacy®



DMQ1

Never attended/kindergarten only

1st grade

2nd grade

3rd grade

4th grade

5th grade

6th grade

7th grade

8th grade

9th grade

10th grade

11th grade

12th grade, no diploma

High school graduate

GED or equivalent

Some college, no degree

Associate's degree: Occupational, technical, or vocational program

Associate's degree: Academic program

Bachelor's degree (example: BA, AB, BS, BBA)

Master's degree (example: MA, MS, MEng, MEd, MBA)

Professional school degree (example: MD, DDS, DVM, JD)

Doctoral degree (example: PhD, EdD)

DMQ2

10. Mexican

11. Puerto Rican

12. Cuban

13. Dominican (Republic)

Central American:

14. Costa Rican

15. Guatemalan

16. Honduran

17. Nicaraguan

18. Panamanian

19. Salvadoran

20. Other Central American

South American:

21. Argentinean

22. Bolivian

23. Chilean

24. Colombian

25. Ecuadorian

26. Paraguayan

27. Peruvian

28. Uruguayan

29. Venezuelan

30. Other South American

Other Hispanic or Latino:

31. Filipino

32. Spaniard

33. Spanish

34. Spanish American

35. Hispano/Hispana

36. Hispanic/Latino

41. Chicana/Chicano

HIQ1

Private health insurance

Medicare

Medi-gap

Medicaid

Children's Health Insurance Program (CHIP)

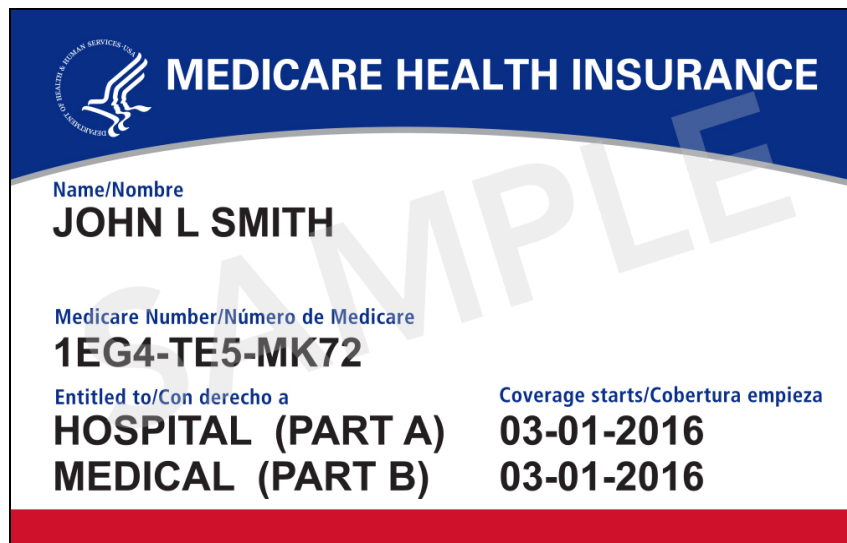
Military Related Health Care: Tricare
(CHAMPUS)/VA HEALTH CARE/Champ-VA

Indian Health Service

State-sponsored health plan

Other government program

HIQ2



The image shows a Medicare Health Insurance card. At the top left is the logo for the Department of Health & Human Services, USA, featuring an eagle. To the right of the logo, the text "MEDICARE HEALTH INSURANCE" is written in white on a blue background. Below this, the cardholder's name "JOHN L SMITH" is listed under the heading "Name/Nombre". The Medicare number "1EG4-TE5-MK72" is shown under the heading "Medicare Number/Número de Medicare". The card also lists the types of coverage and their start dates: "HOSPITAL (PART A)" and "MEDICAL (PART B)", both starting on "03-01-2016". The headings for these are "Entitled to/Con derecho a" and "Coverage starts/Cobertura empieza". A large, light gray "SAMPLE" watermark is overlaid diagonally across the center of the card. The card has a blue top section, a white middle section, and a red bottom section.

Medicare Health Insurance	
Name/Nombre JOHN L SMITH	
Medicare Number/Número de Medicare 1EG4-TE5-MK72	
Entitled to/Con derecho a	Coverage starts/Cobertura empieza
HOSPITAL (PART A)	03-01-2016
MEDICAL (PART B)	03-01-2016

RXQ1

Treatment Prescribed/Ordered to Treat or Prevent COVID-19:

Oral medication:

- 1) **Paxlovid** (Nirmatrelvir/Ritonavir tablets co-packaged, COVID-19 anti-viral)
 - 2) **Legavrio** (Molnupiravir, COVID-19 anti-viral)
 - 3) **Steroids** (e.g., Dexamethasone)
 - 4) **Immunomodulators** (e.g., Olumiant [Baricitinib], Xeljanz [Tofacitinib], Jakavi [Ruxolitinib])
 - 5) **Other Anti-Infectives** (e.g., Azithromycin, Chloroquine, Hydroxychloroquine, Ivermectin, Kaletra [Lopinavir/Ritonavir])
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IV- Infusion/Injection:

- 6) **Veklury** (Remdesivir, COVID-19 anti-viral)
 - 7) **Monoclonal Antibodies** (e.g., Bebtelovimab, Evusheld [Tixagevimab/Cilgavimab], Sotrovimab, Bamlanivimab/Etesevimab, REGEN-COV [Casirivimab/Imdevimab])
 - 8) **Steroids** (e.g., Dexamethasone, Methylprednisolone)
 - 9) **Immunomodulators** (e.g., Actemra [Tocilizumab], Kevzara [Sarilumab])
 - 10) **COVID-19 Convalescent Plasma**
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Other medications
